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*Recreation Department
Programs & Activities*

2023 - 2024

Paula Rizzo

Recreation Coordinator

prizzo@labbb.net

Twitter @LABBBREC

www.LABBB.com

LABBB

c/o Paula Rizzo

251 Waltham Street

Lexington, MA 02421



Welcome to all new LABBB students and families. To those of you who are returning to LABBB, welcome back. We hope you are all having a great summer and look forward to an exciting start on September 5, 2023. We have some new, as well as some of our classic, fun activities planned for the coming school year.

My name is Paula Rizzo. I am the Recreation Coordinator for the LABBB programs. My job is to provide a variety of after school activities for LABBB students to enjoy.

In this booklet, you will find many notices providing information about the various after school activities for LABBB students. Be sure to look at the forms for specific information regarding each program and send each back by the stated deadline, if interested.

Please take time, together with your child, to go over the activities. Make sure your child wants to attend an event before signing up. Keep in mind that some dates may have to change as the year goes on.

Though after school activities are recommended and encouraged, they are a privilege for students. The LABBB staff reserves the right to restrict student attendance due to behavior at school prior to the event or while a student is attending an activity.

LABBB has a late pick up policy for all of our after school programs. A fee of \$1.00 per minute is charged and payment is expected upon pick-up. It is very important to look at the pick-up times and locations before signing up for an activity to make sure that your student will be able to be picked up on time. Please make sure to alert your cab drivers when your student is not going home on the cab. We have had students leave on their cab when they are signed up for an after school activity.

Read all the enclosed forms carefully and respond by the due dates. Remember to send a **separate check** for each activity. When forms and checks are mailed, please remember to send an e-mail to prizzo@labbb.net. As forms are received, an email confirmation will be sent. If you do not receive a confirmation email, it means the forms did not make it to LABBB.

Activities in this booklet assume we have access to the needed buildings and ability to start on the start dates. Students who sign up will be kept up to date on any changes, including start dates, as needed.

Enjoy the rest of your vacation. See you soon,

Paula

When registering for an activity, please use the following homeroom numbers and/or staff names:

Arlington High

Erica Wong	Room 210
Heather Mulliner	Room 211
Mike Harrington	Room 214

Bedford High

Bill Brincklow
Sue Good

Belmont High

Scott Procko

Burlington High

Carol Chaisson
David Dooks
Rebecca Neiman

Lexington High

Mike Allen	Room 821
TBA	Room 822
Tina Langone	Room 825
Cara DiPerna	Room 826
Chelsea Bednarski	Room 715
Abby McNaulty	Room 704
Lori Doherty	Room 632
Kathy Eggers	Room 504

Career Directions Belmont High

Peter Asklund

Middle Schools

Chenery, Marshall Simonds, John
Glenn, Ottoson, Belmont Jr. High



LABBB Picture Day

Monday, October 16, 2023

8:00am - 10:00 am

Photos taken on this day will be of our LABBB High School students for their student ID and the annual school photo for parents to order.

Please remember to sign & return the LABBB Permission Form (sent home in the parent packet in September) to your student's classroom teacher prior to October 16. This gives your permission for us to take student ID photos.

O'Connor Studios will be doing the students' photo again this year.

You will receive an email from them, detailing ordering instructions, should you choose to order copies of your student's photo.

All retakes are scheduled for December 4, 2023.

LABBB Dances 2023/2024

All dances will be held at the Lexington Community Center (unless otherwise noted on the monthly flyer).

- Time: 6:30PM – 8:30PM (unless otherwise noted)
- Cost: \$10.00 payable at the door (unless otherwise noted)

October 26, 2023

Halloween Dance

November 16, 2023

Fall Harvest Dance

December 7, 2023

Holiday Party Dance

January 18, 2024

Ring in the New Year Dance

February 1, 2024

Valentine's Day Dance

March 7, 2024

St. Patrick's Day Dance

April 25, 2024

Spring Dance

May 30, 2024

End of School Year Dance

Contact Paula Rizzo (prizzo@LABBB.net) for more information about the LABBB dances.

Parents are expected to drop off their students and pick them up on time (8:30PM). \$1.00 per minute will be charged for late pick ups.



DJ Conor

LABBB Afterschool Activities



Monday Bowling Program 3:00PM–5:30PM

October 2, 23; November 27; January 29; February 5; March 4, 18, 25; April 1, 29

For students in Lexington High School rooms: 825, 826, 715, 704, 632, 504, Arlington High and Chenery, Ottoson & Marshall Simonds Middle Schools. Students will be transported to Kings Bowladrome at the end of the school day by LABBB vans. Students will receive instruction on the approach, counting balls thrown, and counting pins knocked down. This activity will include dinner each week, (pizza, chicken fingers, salad & drinks at Wegmans). Pick up at Wegmans.

Space for 15 students.

Cost is \$260.00 per student. Sign up by Sept. 5, 2023.



Tuesday Bowling Program 3:00PM–5:30PM

September 19, 26; October 3, 10, 17, 24 (6 week Fall Session)

March 5, 12, 19, 26; April 2, 9, 23, 30; May 7 & 14 (10 week Spring Session)

For students in Bedford High, Belmont High & Jr. High, Burlington High, Lexington High rooms 821 & 822. Students will be transported to Kings Bowladrome at the end of the school day by LABBB vans. Students will receive instruction on the approach, counting balls thrown, and counting pins knocked down. This activity will include dinner each week (pizza, chicken fingers, salad & drinks at Wegmans). Pick up at Wegmans.

Space for 15 students each session.

Cost is \$170.00 per student for 6 week session. Sign up by Sept. 5, 2023.

Cost is \$260.00 per student for 10 week session. Sign up in the spring (Date TBD).



Thursday Zoom Bingo 6:30PM-7:30PM

October 5, 19; November 2, 9; December 14, 21; January 11, 25; February 8, 29;
March 14, 28; April 4, 11

Bingo cards will be sent via email prior to each class. Students may print them out, or use them electronically. Students will log on to zoom and play 3-5 games with their friends, led by a LABBB staff member. We also do some stretching exercises, trivia games, tell us your favorite..., in between games. Winners of the most games at the end of the session, will receive a prize that will be sent via email.

Space for 20-25 guests.

Cost: \$25.00 per guest.



Wednesday Dance/Arts Crafts OR Walking/Glee Club

October 4, 11, 18, 25; November 1, 8, 15, 29

Students will be transported in LABBB vans to the Monroe Center on Mass. Ave. in Lexington.

Dance 3:00PM-4:00PM; Arts & Crafts 4:00PM-5:00PM

This will be a structured dance class: warm up, exercises across the floor, and a combination, with the goal of fostering joy, community, and self-esteem through movement. Warm up is based on Brain-Compatible Dance Education (BCDE), a teaching philosophy and internationally recognized methodology that prepares students for learning and may help with social-emotional skills. It is an excellent full body and brain warm up that sequences through eight fundamental movement patterns of early human development and helps to center the brain and body. We will then do a few exercises across the floor, working on gross motor skills, coordination, and moving through the space in different ways. A combination will be taught that we will practice and add to each week. The goal is to have a finished dance to share at the end of the session. Students will have an opportunity to be creative/expressive and connect with each other every class by dancing freely to their favorite songs.

The art class offers opportunities for creative expression in the form of painting and crafting projects. Students will be encouraged to develop freedom of expression while building self-confidence, listening skills, and the ability to work from part to whole in their weekly projects.

Walking Club 3:00PM-4:00PM; Glee Club 4:00PM-5:00PM

This class will walk around the Monroe Center and through the Lexington Cemetery behind the Monroe Center, in all weather, for one hour.

The Glee Club will come together to examine, relate, and learn music in a new way. Together, we will look at music as the universal language it is. Students will be given weekly assignments where we will look at different genres of music, learn about the artists that perform, and discover what these songs mean to us. Students will learn one to two songs as a group, and will have a final performance the last day of the session.

Space for 10 students in each combination (Dance/Arts & Crafts) or (Walking/Glee Club)
\$250.00 per student.

Due date for sign ups by September 5, 2023.

LABBB Monthly Activities



Movie Nights (Mondays)

October 2, November 6, December 11, January 29, February 5, March 4, April 1, May 16, June 3.

This activity is for LABBB High School students who are 17 years old and over. Students will need to be dropped off at the Burlington Cinema around 6:30PM & picked up around 9:00PM. (drop off & pick up times depend on the start & finish times of the movies for that month). Movie selections will be PG-R rated. Students need to sign up in September for the entire year (there will not be sign ups on a monthly basis). Students need to be able to sit through a movie. We will work on independence getting popcorn/drink with each student and going to the bathroom and coming back into the movie theater independently.

Students/parents will be notified of movie choices by email on the Friday before the Monday movie.

Cost is **\$260.00 per student** for the year and includes movie, popcorn, soda & chaperones each month.



Mini Golf & Games Trips (Fridays after school)

September 22, October 13, November 3, December 1, January 19, February 2, March 22, April 26, May 17, June 7.

This activity is for LABBB Lexington HS students in rooms 821, 822, 825, 826, Bedford HS, Belmont HS and Burlington HS, who enjoy playing mini golf indoors and outdoors. Students will be transported after school to mini golf and back to Lexington High School by LABBB vans. Students will receive instruction on mini golf skills and scoring. Students will not be able to sign up on a monthly basis. Following mini golf, the group will have dinner before returning to Lexington High for pick up. Dinner will be at the site of mini golf or nearby. Students will need to bring cash/debit card with them to pay for dinner. Parent will need to pick up from Lexington High School at approximately 6:30PM

Students/parents will be notified of location by e-mail on the Monday before the Friday trip.

Cost is **\$160.00 per student** for the year and includes: chaperones and 10 sessions of mini golf. Space limited to 15 students.



Best Buddies/PALS Programs

Dear Students & Parents,

In 2014, Bedford High School won both the Massachusetts and the National Best Buddies Chapters of the year. Chenery Middle School, won the International Best Buddies Middle School chapter of the year in 2016. In 2018, Lexington High School won the Massachusetts Best Buddies Chapter of the year and was the 2018 runner up National Best Buddies Chapter of the year. LABBB and our Best Buddy Chapters are very proud of these accomplishments. We try every year to duplicate those “insanely great” years.

The Best Buddies Programs are at Arlington, Bedford, Burlington and Lexington High Schools as well as Chenery School. Belmont High School has a PALS program. The PALS program provides similar activities as Best Buddies but done as a group instead of pairs. All are anxious to start as quickly as possible. This survey will help us get these programs up and running by the end of September/early October for all our chapters.

If your student is interested in PALS or Best Buddies, please answer this survey together and return **by September 5, 2023, via email to Paula Rizzo, Prizzo@LABBB.net**. This will help all involved to get the programs running sooner. If we do not receive a survey back, your student will not participate in a Best Buddies or PALS program for the 2023/2024 school year. Sign up for these programs is only in September.

If you have any questions regarding this survey, please e-mail Paula Rizzo at prizzo@LABBB.net.

✂-----
Student Name: _____
Program Site & Teacher's name: _____
Past Best Buddy/PALS Name (if student had one): _____
Parent Email Address: _____
Parent Phone Number: _____

Would like the same buddy (if student had one) Yes No

Suggestions for activities to do with Buddies/PALS _____

Please return **by September 5, 2023 via email** & thanks for your help
Paula Rizzo
251 Waltham Street, Lexington, MA 02421

2024 LABBB OVERNIGHT TRIP



Disney World Trip

February 13 – February 17, 2024 (Tuesday – Saturday) Cost \$3,950.00

- Students and chaperones will leave by plane, early Tuesday morning, February 13, from Logan Airport.
- Students and chaperones will return by plane, late Saturday evening, February 17, to Logan Airport.
- Cost includes all meals, transportation, entrance tickets, Disney hotel, cinch sack and LABBB chaperones for the 4 nights, 5 days stay.
- Students will visit Magic Kingdom, EPCOT, Animal Kingdom, Hollywood Studios and Disney Springs.
- If a student turns 22 on or before February 13, 2024, they may not attend.
- This trip is for LABBB High School students.
- Students have to be able to sleep through the night and be responsible for one carry on piece of luggage.
- Limited to 25 students on a first come, first serve basis.

Since this trip is so popular, our rule is that we will take seniors 1st, and HS students of any age 2nd. If you are interested in this trip please send a \$50.00 deposit with the corresponding sign-up sheet (**non-refundable or transferable**) to reserve your space by September 5, 2023 (separate checks please). More details on this trip will be provided closer to the event. Email prizzo@labbb.net, alerting her that you are sending the form and check.

Return below registration forms with separate checks by **September 5, 2023.**
Mail to: LABBB c/o Paula Rizzo 251 Waltham Street, Lexington, MA 02421

Monday Movie Night

I would like my student to be enrolled in Monday Movie Night. I will arrange drop off and pick up for my student at the various restaurants at the posted times.

- Student's Name: _____
 - Parent Signature: _____
 - Cell # of person picking student up: _____
 - E-mail address to send information: _____
-

Monday & Tuesday Bowling

I would like my student to be enrolled in the Bowling Program. I will arrange pick up for my student at the posted times at Wegmans. (Please check which day your student's class is scheduled to attend before signing up for Monday or Tuesday. (Middle School is Monday only).

- Student's Name _____ Please circle correct day Mon or Tues
 - Parent signature: _____
 - Cell # of person picking student up: _____
 - E-mail Address to send information: _____
-

Wednesday Recreation Activities

I would like my student to be enrolled in the Wednesday After School Program. I will arrange pick up for my student at 5:00PM at Monroe Center.

- Student's Name: _____
- Parent Signature: _____
- Cell # of person picking student up: _____
- E-mail Address to send information: _____

Circle choice: Walking/Glee Class Dance/Art & Craft Class

Thursday Zoom Bingo Night

I would like my student to be enrolled in the Zoom Bingo Program.

- Student's Name: _____
- Parent Signature: _____
- E-Mail address to send information/Bingo Cards:

Friday Mini Golf

I would like my student to be enrolled in the Friday Mini Golf. I will arrange pick up for my student at the posted times, at Lexington High School.

- Student's Name: _____
- Parent signature: _____
- Cell # of person picking student up:

- E-Mail address to send information: _____

Overnight Trip

I would like my student to be enrolled in the LABBB Disney Trip. I will arrange pick up for my student at the posted times, at Logan Airport.

- Student's Name: _____
- E-mail Address to send information: _____
- Total Amount Enclosed: \$_____ (\$50.00 non refundable deposit)

Please send **SEPARATE** checks for each of the activities, payable to: LABBB

Due Date for all Sign-ups is September 5, 2023. When forms and checks are mailed, please also remember to send an email to prizzo@labbb.net.

Mail to: Lexington High School
c/o Paula Rizzo (LABBB)
251 Waltham St.
Lexington, MA 02421

What's going on in our Recreational Programs?



LABBB Central Office

123 Cambridge Street
Burlington, MA 01803

Pamela T. Girouard- Executive Director

Tel: 339.222.5615

e-mail: PGirouard@labbb.net

Dianne Busa - Administrative Assistant

Tel: 339-222-5625

e-mail: dbusa@labbb.net

Pre - School / Elementary / Middle School Programs

Donna Goodell - Program Director

LABBB Collaborative, Burlington High School

123 Cambridge Street

Burlington, MA 01803

Tel: 781-273-7056

e-mail: dgoodell@labbb.net

High School Programs

James Kelly - Program Director

LABBB Collaborative, Lexington High School

251 Waltham Street

Lexington, MA 02421

Tel: 781-861-2400

Fax: 781-861-1351

e-mail: jkelly@labbb.net



LABBB
Collaborative Programs



LABBB
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